**At sunrise or with artificial lighting, different ways of enjoying the snow**

**THE CHARM OF SKIING AT DAWN AND AFTER SUNSET**

**A thrilling descent on your skis or a walk in your snowshoes on pristine ski runs in the pale light of dawn, combined with a rich breakfast at a mountain hut: this is what Trentino Ski Sunrise is all about. And for night-time skiers, the artificially lit slopes and pistes offer loads of downhill, cross-country, snowpark and freestyle fun**

**What colour is the snow?** It depends: when the sky turns pink, or when ice forms on the surface, it turns into a carpet of crystals that reflects a **rainbow of hues**. The magic occurs at those ‘special’ hours when the runs, a glittery fairy-tale expanse surrounded by bluish peaks, are almost deserted. In Trentino you can also ski **after sunset, or at dawn**, and enjoy the magic landscape on your skis or snowshoes.

**When the sun is not up yet…**

Trentino Ski Sunrise is back! The first rays of sun on the snow-clad peaks, the bracing air, the untrodden snow and an unequalled Alpine landscape, all combined with a **rich and tasty sweet or savoury breakfast** made of local products. In the first months of 2017, ski and mountain lovers can admire the dawn from a privileged viewpoint, each time at a different ski resort, to experience to the fullest the **magic view of the sun rising in the mountains,** the first stop is at the mountain hut for a wholesome breakfast made of local specialties, ranging from the milk to the cheese, from the cold cuts to the eggs, with a generous portion of home-made sweets and traditional dishes. Then, everyone on the runs to enjoy the fresh snow before all the others, mainly on skis but also with snowshoes or even on foot, together with the ski instructors, alpine guides or local tour guides.

**… and when the sun has set**

The first ski resort to put up night-time lighting for skiing was **Madonna di Campiglio**, that since 1998 has hosted the World Cup slalom races on the 3-Tre, the famous run in Canalone Miramonti that is lit in its final section. Also in Val Rendena, cross-country skiers will enjoy the artificially lit 3 km long ring of the **Pinzolo-Carisolo** center. The **Bolbeno** run also offers night-time skiing thanks to the recently installed lighting system that lights up the entire slope. Another place for night-time skiing is in Val di Sole, at **Marilleva** on the ‘Biancaneve’ run and on the ‘Nera’ in **Folgarida**, at **Passo del Tonale** on the ‘Valena’ run and at **Peio** on the ‘Mezoli’. In **Val di Fiemme** nocturnal skiing is possible at the Lago di Tesero cross-country skiing center and on the ‘Olimpia’ run at Cermis, every Wednesday and Friday from 7.30 to 10.30 pm. In Valsugana, at **Passo Brocon**, the Funivie Lagorai cableway provides various artificially lit runs: the school ski run for the young ones and the ‘Piloni’ and ‘Bosco’ runs. In **Andalo**, on the Altopiano della Paganella, skiers can descend the lit ‘Cacciatori 1’ run, and also the 3 km long cross-country ski ring that crosses through the woods near the lake is skiable after sunset. At **San Martino di Castrozza** skiers have at their disposal the run lit by forty Sunglobes and the Colverde Snowpark allows freestylers to train their jumps and tricks in the evening too. The same goes for the **Ruffré-Mendola** runs on Mount Nock, in Val di Non, and for **San Giacomo** on the Altopiano di Brentonico, where the 2 km long cross-country ski ring is lit at night. On the **Altopiano di Folgaria,** in **Lavarone** and in **Luserna,** night-time descents are possible on inflatables on the Tubing piste and on sleds at the Moos sled run. **Monte Bondone** offers Happy Snow evenings on some of its runs and at the Snowpark, that are lit to allow ski pundits to experience the thrill of admiring the city of Trento from above.

(m.c.)

Trento, October 2016