**5 TOP LAKES FOR FIVE SUMMER ADVENTURES**

**As well as encompassing Riva del Garda, the northern shore of Lake Garda, Trentino is home to some of Italy’s finest and best-loved lakes. Whether visitors choose to relax in the sun, undertake the many adventurous water sports on offer or use lakes as a central point for hikes and bike rides, Trentino’s total of 297 lakes provide a number of holiday options amongst some of the country’s most impressive scenery.**

**LAKE MOLVENO**

Lake Molveno is a natural oasis surrounded by the Brenta Dolomites, which are reflected in its peaceful waters. The jewel of the Adamello Brenta Nature Park, Lake Molveno was named ‘Most Beautiful Lake in Italy’ for the 5th consecutive year in 2018, by Legambiente and Touring Club Italiano. Today, the lake is considered as an especially good example of virtuous management of the territory, with very high-quality waters, beaches and services.

**LAKE LEDRO**

For a variety of sports and outdoor activities, Lake Ledro is just 15km from Riva del Garda at a higher altitude. A holiday at Ledro can include sailing and swimming in the clean, clear waters, as well as canoeing, windsurfing, and fishing. For those who prefer to relax there are four beaches, one of which is also pet friendly. The lake’s perimeter makes for an ideal route to run, cycle or walk around.

**LEVICO & CALDONAZZO TWIN LAKES**

In Valsugana, just twenty kilometres from Trento, Lake Caldonazzo is the largest lake entirely in Trentino territory and is the only lake in the region where visitors can water-ski. Thanks to water temperatures of 20-24 degrees, water-skiing as well as sailing, canoeing, diving, swimming, fishing and windsurfing are all made even more pleasant. Hiking and mountain biking on the nearby trails allows visitors to admire the impressive landscape and wide variety of flora and fauna that surround the lakes.

**LAKE TENNO**

A turquoise diamond in the green woods, Lake Tenno’s bright blue waters are surrounded by pastures and forests, and shores that are ideal for picnics. A second island briefly emerges in Lake Tenno when the water level drops called ‘Isola dell’86’ after the year it was first spotted.

**LAKE ERDEMOLO**

The heart-shaped Lake Erdemolo, at the top of Valle dei Mocheni, is an undiscovered gem. Directly framed by mountain peaks, all hikes to Lake Erdemolo start at the **village of Palù del Fersina. This is also home to the Istituto Culturale Mocheno which studies the history and traditions of the Mocheno ethnic group, and provides information on the peculiar language the inhabitants still speak (a language of German origin, brought to Trentino by the first settlers of the valley).**

**For further info:** [www.visittrentino.info/en/guide/nature/lakes](http://www.visittrentino.info/en/guide/nature/lakes)