THE CHARM OF THE DOLOMITES

Born from the sea more than 200 million years ago, the **Dolomites**, today as in the past, capture the imagination with their spectacular vertical conformations, the giant cliffs which rise as high up as 1600 metres above the soft and wavy rows of forests and Alpine meadows, the variety of colours of the rocks, which change over the course of the day, up to the wonder aroused by the Alpenglow. Walking among these mountains is a visual and emotional experience that has enamoured travellers, mountaineers, writers and artists. A climbing arena since the 1800s, today the Dolomites, with several peaks over 3000 metres above sea level, are the ideal place for **relaxation or sports holidays**, with opportunities to practise climbing and trekking, or to enjoy excursions on mountain bikes. To the West we find the **Brenta Dolomites**, while to the East are the **Fassa Dolomites**, the **Latemar**, the **Pale di San Martino** and the **Marmolada**, which with its 3,342 metres is the Queen of the Dolomites, the highest peak. Many of these peaks can be admired from some “natural balconies” at high altitudes that in many cases can be reached with ease thanks to lifts and cable cars.