



London Calling! London Calling!!  
How are the Dolomites?

...

What??

I'm speechless. You would  
be too, if you could see  
this view...

# The Great Outdoors.

Welcome to an Italian Adventure

  
peak experience



# Relax. You're on the Sunny Side of the Alps.

Here, la Dolce Vita is served up  
with stunning mountain views

Welcome to a land where the **mountains speak Italian**, and the rock is warmed by a **southern sun**. Here, every refuge is a **ristorante**, and every welcome is unpretentious and off-the-cuff. It's a place that will challenge you with big mountain hikes, and delight you with **stupendous Dolomite views**: a place to relax, re-energise, and maybe toast your good fortune every now and again with a glass of **Trentodoc spumante**.

Here, to whet your appetite, we've gathered together some of the highlights of our region. And we're not just talking about our magnificent scenery. To help you enjoy it, we've developed a world-class infrastructure, too. So whatever your favourite activity

– tearing, hell-for-leather, down a bike park, cruising through lush woodland on an e-bike, or maybe just sampling the local cuisine in a mountain restaurant – you'll find we've got everything you need. Now all you have to do is get stuck in, and have a proper holiday.







## Spend less, Discover More.

The **Trentino Guest Card** is your passport to our region. Pick one up from our network of participating hotels, and you'll find it opens the door to a range of free services and public transport. In some areas the card itself is free, too. In others, you'll be asked to pay a small fee that goes help fund local environmental projects: just ask for details when you book your hotel.

The card is valid from April to November and includes:  
\*Free public transport throughout Trentino

\*Free use of the lifts in the resorts of the Val di Fiemme, Val di Sole and Alpe Cimbra.

\*Free entry to more than 90 museums and attractions, including the MUSE in Trento, Mart in Rovereto, and both the Arena and GAM in Verona.

You'll also find a range of discount cards available in many of our mountain resorts, for example the DOLOMEET CARD in Madonna di Campiglio/ Pinzolo, the PANORAMAPASS in the Val di Fassa,

and the DOLOMITI SUMMER CARD in San Martino di Castrozza.

See [www.visittrentino.it/card](http://www.visittrentino.it/card) for details as well as terms and conditions.





This is the best lunch EVER

What's the name of the restaurant?

It's not a restaurant, it's a rock

What's on the menu?

Cheese Panini...and some of the most beautiful mountains I've ever laid eyes on.

## Fancy a walk?

### The Dolomites are waiting for you

The best way to get to know a mountain region like ours is to walk it. It doesn't matter how fast or slow you go, or how high you climb, nothing beats the intimacy you develop with your surroundings when you set out on a footpath.

So it's a good thing Trentino is home to a **5,000km network of well-maintained, signposted trails**.

Because if ever there was a landscape worth exploring, it has to be **Dolomites**. There may be higher peaks on the planet, and more intimidating cliffs and crags. But we don't think you'll find a range of mountains more ravishing. In 2009, UNESCO declared them a **World Natural Heritage Site**. It won't take you long to understand why.







## Explore our legendary landscapes

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Stretch your legs, and blow your mind...

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At the eastern end of our region lie some of our most famous landscapes: the mighty rock walls of the Sella massif, the broken teeth of the Pale di San Martino, the crumbling spires of Catinaccio-Rosengarten. These will be your constant companions when you set out on the **Dolomiti Panorama Trek**, a network of footpaths which snake through forests and meadows beneath the sheer cliffs and crags of the Dolomites. You can walk them all in one epic trip, tackle one of the network's three main sub-sections, or simply sample a footpath for a leisurely – and spectacular – afternoon using local buses or taxis to take you back to your starting point.

The longest of the three sub-sections is the **Dolomiti Trek King**, a six-day walk through the Val di Fassa, from the dizzying heights of the Marmolada glacier to the Catinaccio-Rosengarten massif. The hike will take you through some extraordinary landscapes of shattered rock and towering cliffs, as well as treating you each evening to the *enrosadira* – the moment, as the sun begins to set, that the rock turns a ravishing shade of pink. Meanwhile the two-day **Latemar Trek** tours the weird and wonderful rock formations of the Latemar massif and includes a night at the Rifugio Torre di Pisa. Set at 2,671m, this famous mountain refuge seems to sit on top of the world, and serves up 360 degree mountain views.







But perhaps the most satisfying walk of all is the **Dolomiti Pala Ronda Trek**, a complete tour of the Pale di San Martino, which starts and finishes in San Martino di Castrozza and takes you through the Natural Park of Paneveggio-Pale di San Martino. There are two routes – a four-stage “soft” circuit, and a five-stage “hard” trek, which includes a via ferrata section – and on both walks, each stage (except the last) finishes with a night in a mountain refuge. Keep your eyes peeled for the local inhabitants en route – the park is home to a thriving population of deer as well as chamois, capercaillie and golden eagles.

[visittrentino.it/hiking](http://visittrentino.it/hiking)



## Dolomiti Panorama Trek



### 1. Palaronda Soft Trek

*Altitude:* 1,450 m – 2,939 m

*Length:* 4 days / 3 nights

*Vertical interval:* 2,800 m

### 2. Dolomiti Trek King

*Altitude:* 1,400 m – 3,000 m

*Length:* 6 days / 5 nights

*Vertical interval:* 3,700 m

### 3. Latemar Trek

*Altitude:* 2,000 m – 2,800 m

*Length:* 2 days / 1 night

*Vertical interval:* 1,300 m

### Highlights

*Green Mobility Cards:* every area in the circuit offers a card with free transport and lifts.

*Extensive network of refuges:* 47 mountain refuges in the area offer overnight accommodation.







## A magical mountain tour

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The Dolomiti Brenta Trek offers stunning views and a warm Italian welcome

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The most recent addition to Trentino's vast network of paths is also one of the most exciting. Known as **Dolomiti Brenta Trek**, it consists of two circuits around the Brenta Dolomites – and it offers hikers of every hue the chance to explore this magnificent massif in great detail.

The first circuit is the **Expert tour**, an 89km path which hugs the flanks of the mountains throughout, and leads you over terrain which is sometimes challenging, but

never less than dramatic. There are 11 stages - and most experienced and well-equipped Alpine hikers will be able to manage them. The toughest sections are equipped with via ferrata cableways and ladders, but these can be avoided by following well-planned and sign-posted variants – or enjoyed, perhaps, in the company of a guide. And the end of each stage, you'll be able to stay overnight in a place of gob-smacking beauty – whether it's a famous old refuge, set beneath a sheer Dolomite cliff, or a farmer's barn, adapted



for the needs of hikers and surrounded by lush green Alpine meadows.

The second, much longer **Country tour** is less physically demanding. A lower-level walk linking six valleys, it starts and finishes at the Rifugio Peller above Madonna di Campiglio, but can of course be sampled in shorter sub-sections. Either way, it will give hikers a taste not just of a thrilling landscape but **true Italian hospitality** – charming, unpretentious and off-the-cuff. There's delicious local produce to be sampled too. Most of Dolomiti Brenta Trek is set within the **Adamello Brenta Natural Park**, which is home to a community of artisan foodmakers. Yoghurt, cheese, walnuts, honey and apples are among the items which carry the Qualità Parco label. So too is the ancient ciuiga salami: just the thing, perhaps, to pop into your rucksack at the start of another day of adventure.



## Dolomiti Brenta Trek



### Technical data

*Routes: 2*

*Expert Route*

Altitude: 1.400 m – 3.024 m

Length: 89 km

Vertical interval: 8.170 m

*Country Route*

Altitude: 600 m – 2.090 m

Length: 160 km

Vertical interval: 7.200 m

### Highlights

*Wildlife:*

the whole circuit is in the Adamello Brenta Nature Park, land of brown bears.

*A wide range of accommodation:*  
in mountain refuges, bivouacs and farmers' barns.







I wish more concert halls were built like this...

Where are you, the Royal Albert Hall?

No, on a mountain! We walked through a forest to get here...

Who's playing, the Byrds?

:) The birds sang the overture. Now, it's Mozart.

## The most beautiful stage in the world

“Sounds of The Dolomites” is a music festival like no other

“Sounds of the Dolomites” brings together musicians and audiences in a series of outdoor concerts which showcase not just great music, but stunning Dolomite locations too. Here, the mountains are the backdrop and nature sets the dress code – and there’s a special magic to the performances as a result.

This summer sees the 21st edition of the festival, which runs from July 2 – August 28. Amongst the performers will be film composer Nicola Piovani and the duo for viola and double bass Danusha Waskiewicz and Edicson Ruiz, as well as the Jerusalem Quartet, violinist Thomas Zehetmair, cellist Mario Brunello (together with American trumpeter Dave Douglas), and the horn soloists of the Mahler Chamber Orchestra. Moreover, the African virtuoso Toumani Diabaté will play the traditional kora with his son Sidiki.





## From War to Peace

The Sentiero della Pace is fascinating and heart-breaking in equal measure

Lake Garda, the Dolomites, the mighty Marmolada glacier: these days we know them only as spectacular natural landscapes. But a hundred years ago they were the setting for a struggle of titanic proportions during

the First World War. After Italy entered the conflict in 1915, the front line passed right through Trentino, for a staggering 520km.

To see how the two sides waged war in such a difficult and demanding environment is to get a sense of both the fortitude, and the folly, of man: and to help visitors get up close to the trenches, tunnels and mountain roads that were created, an extraordinary footpath was opened 20 years ago. Called the Sentiero della Pace

(the Peace Trail), it runs from Passo del Tonale in the west to the Marmolada in the east, through more than 520km. The scenery is of course stunning, the stories of heroism and sacrifice heart-breaking: and this year, to mark the centenary of the start of Italy's war, many commemorative events are planned. There's no better way to pay your respects to the soldiers of the White War than to walk some – or all - of its length.

[visittrentino.it/greatwar](http://visittrentino.it/greatwar)







## Lighten the load

Let our mountain guides and refuges help you along the way.

Hiking in the mountains is a great way to get fit. But that doesn't mean it has to be a gruelling experience. For example, hiring a guide ([www.guidealpinetrentino.it](http://www.guidealpinetrentino.it)) guarantees a stress-free trip, with no need to worry about maps or signposts. He or she will also add a rich understanding of the

region. In years gone by, it took organisation, wit and lots of hard work to scrape a living from this tough but spectacular environment. There are many fascinating stories to be told about that struggle.

Then, at night, you can bed down in one of our mountain refuges ([www.trentinorifugi.com](http://www.trentinorifugi.com)). There are three categories: gourmet refuges, specialising in local cuisine, panorama refuges, famous for their spectacular views, and active refuges, serving more

experienced hikers. These days, many are staying open into the autumn as well – offering their unique blend of informal Italian hospitality, hearty mountain food, and beautiful locations, right up until October 4.







Busy day at the office, daarrlling?

No! I'm in a mountain refuge.  
Just biked 25km of dirt track.

Cool! What's the view like?

Dunno. Can't see beyond  
this beer...

# Mountain Biking at its best

## Spectacular trails and biker-friendly services

It's the magnificent cliffs and spires of Dolomite rock you'll notice first. But look beyond the scenery, and you'll find Trentino has a lot more to offer mountain bikers than a memorable view.

For a start, we're home to a vast web of mapped and way-marked trails, grouped into three main networks and offering **over 1,700km of two-wheeled adventure**. We've also taken care of logistics, with support services such as luggage transfers, overnight storage and bike-wash facilities available on many routes. Book one of our mountain packages and you can even get a complete holiday for a single all-inclusive price - covering bike hire, accommodation, baggage transfer and maps.





## Two magnificent mountain tours

### Dolomiti Brenta Bike is no ordinary challenge

Dominating the landscape and rendering most visitors speechless when they first see it, the massif of the Brenta Dolomites is one of the wonders of our region. Beneath its sheer cliffs and towering crags you get a sense of nature at its most powerful and uncompromising. The entire massif is protected by

the Adamello Brenta Natural Park - and it seems entirely fitting that its forests are home to a flourishing colony of brown bears.

This is the backdrop against which the itineraries of **Dolomiti Brenta Bike** unfurl – two mountain bike tours which girdle the massif and offer very different levels of challenge. The first circuit covers 171km and climbs through 7,700 lung-bursting vertical metres. Most of it is dirt track, some of it follows the Transalp

Mountain Bike Tour and there are several tough climbs and screaming mountain descents en route. For one kilometre the terrain is so tricky you'll actually have to carry your bike. From start to finish, it lives up to its **"Expert"** rating.

The second route is the **Country Trail** - a gentler 136km tour which uses local bus and rail services to sidestep the toughest terrain and steepest climbs. Yes, it's still a big undertaking: to complete the circuit





you'll have to climb through 4,600 vertical metres. And yes, it will still introduce you to some magnificent mountain scenery. But you'll also pass through lush agricultural landscapes, and meandering valleys of meadows and apple orchards. Easy-going cyclists will enjoy the Country trail. Hard-core bikers will lap up the challenges of the



Expert itinerary. Both will find the background biking infrastructure impressive, with maps, GPS and a roadbook available for download, as well as a booking service allowing you to tailor-make a tour, complete with accommodation and baggage transfer, starting from any of its stages.

[dolomitibrentabike.it](http://dolomitibrentabike.it)



## Dolomiti Brenta Bike



### Technical data

*Altitude:* 400 m – 2.262 m

*Routes:* 2

*“Country” route*

Length: 136km

Vertical interval: 4.600 m

*“Expert” route*

Length: 171 km

Vertical interval: 7.700 m

*Tours:* more than 50

### Highlights

*Luggage transfer* service available between accommodation facilities

*DBB on demand:* the online organiser for tours, accommodation and services

*Bike Park Paganella:* 3 trails (1 Easy, 2 Freeride/ Downhill) and a Jump Area with Big Air Bag

*Bike Park Val di Sole:* Downhill-trail, Freeride-Track, 4-Cross area and Cross Country Pist.







## Lakes and mountains

### Our most testing tour yet

The mountains above Lake Garda have long been popular with the fat-tyre fraternity, and are now incorporated into a network of trails known as **Mountain & Garda Bike**. At its heart is a challenging 200km circuit, which climbs through a lung-bursting 10,000 vertical metres, from the **pretty pastel hotels of Riva del Garda to the slopes of Monte Bondone**,

and back again. But it also includes several variants and side-tours.

Some are easy, and follow paved roads and cycle paths – the perfect day out for anyone who wants to feel the wind in their hair and soak up the sights, and smells, of the mountains in summer. Others are

guaranteed to put the sweat on your brow. Take for example, the advanced 28km Brentonico – Altissimo all-mountain circuit. Circling Monte Baldo on the eastern shore of Lake Garda, it throws up 1,320m of ascent, and on a couple of sections you'll be carrying your bike on your shoulders. But the ride is worth every ounce of effort. En route you'll be treated to the





most magnificent views: not just of Lake Garda and the Dolomites, but the Po Valley and the Appenines in Tuscany, too.

As with all cycle networks in Trentino you'll find plenty of support for mountain bikers – including bike shops and rental centres, shuttle services and bike-friendly accommodation. You'll also find the GPS coordinates of every trail have been logged (they can be downloaded from the Mountain & Garda bike website) and the routes themselves waymarked on the ground.

Finally, don't forget that special **Lake Garda atmosphere**. At the end of your ride, you'll be able to take a seat in a pavement café by the side of the lake, and toast your achievements with a glass of Trentodoc spumante.

[mountaingardabike.com](http://mountaingardabike.com)

## Mountain & Garda Bike



### Technical data

#### Main Circuit

*Altitude:* 65 m – 2.100 m

*Routes:* 22

*Length:* 218 km

*Altitude interval:* 10.000 m

### Highlights

*Bike-friendly accommodation:*

route information and maps, special energy-boosting breakfasts and secure storage for sports equipment.

*Bike Park Garda Trentino:*

new opening of this state-of-the-art bike park for 2015. The "Val del Diaol" park is bound to offer some adrenalin- filled moments to all Gravity bikers.







## The best of the Dolomites

Eastern Trentino is where you'll find the sweetest scenic treats

It's no wonder that UNESCO has designated the Dolomites a World Heritage Site. The scale and visual splendour of the place is just dazzling – and you'll find the best of the scenery in the biking area known as **Dolomiti Lagorai Bike**.

The region encompasses four valleys and two Natural Parks, and offers a staggering 1,100km of trails, aimed at every level of biker. In the **Valsugana** and the **Val di Fiemme** the emphasis is on **e-biking**, and both offer a well-developed infrastructure of e-bike rentals and support services: in the Val di Fiemme, e-bike rentals and support services are offered free to all holders of the Trentino Guest Card -FiemME-motion. Meanwhile **San Martino di Castrozza** and the **Val di Fassa** focus on the needs of **downhill biking fanatics**. It's here, for



example, that you'll find the the 5km downhill course which drops through 700 vertical metres at Alpe Tognola - and offers bridges, parabolic curves and acrobatic jumps.

Throughout the region, you'll also get the opportunity to visit historic mountain towns and enjoy up some of our warm **Italian hospitality** – and mouthwatering cuisine. If it doesn't interfere too much with your pedal-pounding, lunch at the likes of the Rifugio



Fuciade or Baita Checco will be among the highlights of the trip.

Meanwhile, those in search of long-distance challenges should target the **Dolomiti Lagorai Bike Grand Tour**. A six-day mountain bike itinerary, it will take you all the way from the Val di Fassa to the Valsugana, and back again. En route, you'll pass through two Natural Parks, and a never-ending landscape of mountains, meadows and forests. In the Valsugana, you can even take a dip in one of two bathing lakes, Levico and Caldonazzo, with the Dolomites as your backdrop. The tour will be open six months a year, and can be done clockwise – through 342km and 7,857m of ascent – or anti-clockwise, which case distance is 349km and the climb 8,897m. For mountain bikers, there's no better way to get to know the Dolomites.



## Dolomiti Lagorai Bike



### Technical data

*Altitude:* 250 m – 2.450 m

*Routes:* 45

*Length:* 1.150 km

*Vertical interval:* 42.500 m

### Highlights

*Two Bike Parks:*

Bike Park Fassa and San Martino  
Bike Arena.

*"Kaiserjägerweg":* a breathtaking pass route  
connecting Lake Caldonazzo with Passo Vezzena.

*Bike Express:* for an easy ride on the Val di Fassa-  
Val di Fiemme cycling path, take advantage of the  
transfer bus connecting the two destinations.







# The mountain forts of the Alpe Cimbra

Beautiful landscapes, great biking, heart-breaking stories



The **100km dei Forti** is a mountain bike trail through a dramatic historical landscape, as well as gorgeous mountain scenery. It explores the fortresses of the First World War, dotted across the Alpe Cimbra in southern Trentino - and every year in June, it's the scene of a tough MTB race, the **"1,000 Grobbe Bike"**. For the rest of the summer, however, anyone can ride it, and to make the experience more accessible, the circuit has been broken down into three sub-sections, which can be tackled one-by-one.

The 23km Lavarone route is the easiest, and follows forest roads and dirt tracks through a rolling landscape of lakes, trees and lush pastures, as well

as the museum at the Belvedere fort and the Austro-Hungarian observatory on Monte Rust. Knit all three circuits together, however, and you've got a serious undertaking, which includes 2700m of vertical ascent. Lung-bursting climbs, and free-thrilling, wheeling descents are all part of the challenge: to which you can add the jumps and features of the **Bike Park Lavarone**. Together, it all adds up to one of the most memorable rides in the region.

[alpecimbra.it](http://alpecimbra.it)

## Alpe Cimbra Folgaria, Lavarone, Luserna



### Technical data

Altitude: 1.170 m

Routes: "100 Km dei Forti"

Length: 100 km

Vertical interval: 2.700 m

### Highlights

Bike Park Lavarone

„1.000 Grobbe Bike"





## Downhill all the way

Our network of bike parks will get your adrenaline pumping

Each of our three main mountain bike regions is home to at least one state-of-the-art bike park. In Dolomiti Lagorai Bike, for example, you'll find the **Tognola Bike Park** above San Martino di Castrozza – which is typical of the level of facilities we offer. Here, the Tognola cable

car provides access to a 5km downhill trail, which drops through 700m. Facilities include a mini bike park for kids, a downhill bike rental centre, a chillout terrace and après-bike parties each weekend.

Among our many other bike parks you'll find the **Fassa Bike Resort** at Canazei and Pozza di Fassa, the brand-new **Bike Park Garda Trentino** in the Mountain & Garda Bike area, and the **Paganella bike park**, which features North Shore elements, Enduro- and Freeride-Trails.

Meanwhile, at the **Lavarone Bike Park**, there are three downhill trails, graded Rum Runner, Mojito and Pina Colada, according to their difficulty, and offering more than 15 wooden features - updated throughout the season to keep the rides fresh and exciting.

One of our biggest parks is **Val di Sole Bike Land**, which is now home to six downhill runs (each offering a different level of challenge, from basic to World Cup standard) as well as a 4Cross track.





Ahhhhhhhhhhhhhhhh

That'd be you on your biking holiday.

Certainly is. And my ebike is doing most of the work!!

What, you just sit there, looking at the view?

You better believe it. Uphill is the new downhill, baby!

# E-biking

## More fun, less effort

E-biking adds an extra buzz to the cycling experience. The boost provided by an ebike's electric motor means you can cover bigger distances at a more consistent speed, and soak up even more of our gorgeous scenery.

In Trentino, our e-biking infrastructure is growing rapidly. **Valsugana-Lagorai** has the most developed facilities - part of the international MOVELO network. But this summer we've also added e-biking and GPS rentals in the **Dolomiti Paganella** area, and the E-VVAI project in the **Valli Giudicarie**, which offers e-bike rental, tours and luggage transfers.

Meanwhile, in the **Val di Fiemme**, in the heart of the Dolomites, e-bike rentals are available to all holders of the FiemmeE-Motion card. You can also rent e-bikes in the **Valle di Ledro**, and on the shores of **Lake Garda** - where Riva del Garda is now home to a network of free e-bikes.







## Don't want to pedal too hard?

400km of paved cycle paths are waiting for you

It's not just mountain bikers who are well served in Trentino. Our region also boasts a superb network of paved cycle paths. Each offers a cycling experience that is safe, physically undemanding, and, above all, beautiful.

There are ten principal routes, each of which allows you to explore an area in detail: from the famous wine-producing villages of the South, to the towering Dolomite cliffs of the Val di Fassa. All are well-

maintained, and well-signposted, with information on the local ecology, history and culture, as well as details of the degree of difficulty that lies ahead. On several routes, we've also built **bicigrill** – dedicated rest areas for cyclists, offering refreshments, information, and even essential bike maintenance.

The longest path – the Val dell'Adige – runs for 82km (and through just 100 vertical metres): but most are designed for an easy day out of family fun, away from the traffic. Other favourites include the 80km Valsugana path to Bassano del Grappa, and the Val di Non and Val di Sole routes, which run alongside the river Noce and climb to the Val di Pejo, at 1160m. If that sounds like hard work, then you can cut out the most strenuous part of the ride by taking your bike on the Dolomiti Express train between Mostizzolo and Marilleva.

[visittrentino.it/en/outdoor](http://visittrentino.it/en/outdoor)





# Trentino: the choice of champions

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## Athletes love our mountains, and our facilities

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World class athletes train in Trentino. In winter, the Italian national ski team test themselves against our slopes, as do Axel Lund Svindal and the Norwegian ski team in Paganella. In summer, Roma FC goes on retreat to Pinzolo in Val Rendena, Bayern Munich heads for Garda Trentino, and the Italian national volleyball and basketball teams train in Cavalese and Folgaria.

Why? Because Trentino loves champions. We love the passion and commitment they bring to everything they do: and we love raising our game to meet their exacting standards. Clearly, they like what they find here, too: **top sports and training facilities** of course – but also a **clean, healthy and inspiring environment**, a warm and unpretentious **tradition of hospitality**, and **great food and wine**.

So why not come and sample that sporting flavour? It's not just champions who can thrive amongst the soaring peaks of the Dolomites.

[visittrentino.it/sport](https://visittrentino.it/sport)





## Bike Festival Garda Trentino

The European MTB season starts here

It's official: **May 1-3** is the start of the European MTB season – and it'll kick off in unforgettable style with the **Bike Festival Garda Trentino** at Riva del Garda. 3,000 athletes, 150 exhibitors and 30,000 visitors are expected to attend the event, which mixes racing, demos, and the chance to catch up on all the latest gear. The highlight is the Rocky Mountain Bike Marathon – which pits racers



against four different courses, including the 90km Ronda Extreme. For anyone who loves mountain biking, it's the perfect place to set the summer in motion.

[riva.bike-festival.de](http://riva.bike-festival.de)



## The MTB World Cup in Italy

The Val di Sole is the venue

The **MTB World Cup** tour is coming to Italy only once this summer, and Trentino will be the venue. From **August 21-23**, 1,000 athletes and 20,000 spectators will descend on the Val di Sole for a fast and furious three-day festival of MTB action, which is also the final event of the World Cup season. There'll be racing in three disciplines – cross-country, downhill and the 4x Protour

– as well as a Mini World Cup for 5-12 year olds. Expect live music, plenty of side events and exhibitors, and a buzzing, friendly atmosphere.

[valdisolebikeland.com](http://valdisolebikeland.com)





## The Giro d'Italia 2015

Italy's most famous cycle race is coming to Trentino

The world sits up and takes notice when the **Giro d'Italia** is on the road, and two stages of this year's race will be passing through Trentino. Stage 15, on **May 24**, winds through 165km, from Marostica in the Veneto to **Madonna di Campiglio** in the west of our region. Then, after a rest day in the shadow of the Brenta Dolomites, Stage 16 on **May 26** gets underway

at **Pinzolo**, and finishes 175km later at Aprica in Lombardy. As ever, the combination of world-class racing and stunning mountain scenery is sure to create an electrifying atmosphere.

[gazzetta.it/Giroditalia/2015/en/](http://gazzetta.it/Giroditalia/2015/en/)

## The Legendary Charly Gaul

Trentino honours one of cycling's heroes

In 1956, in appalling conditions, Luxembourg cyclist Charly Gaul rode to the **top of Monte Bondone** to win the Giro d'Italia – nearly freezing to death in the process. Few people who saw the race have forgotten his achievement and for the last 10 years a race called The Legendary Charly Gaul has honoured his memory. It's the only Italian leg of the UCI Cycling World Cup and thousands

of cyclists take part over three different courses, the longest of which covers 142km and climbs through 3,960 vertical meters. This year, the event runs from **July 17-19** and includes, for the first time, La Moserissima: a non-competitive tour on vintage bicycles built before 1987.

[lalegendariacharlygaul.it](http://lalegendariacharlygaul.it)

# Trentino Sports Events

## A Summer of Choice and Expectation

### SAILING & SURFING

#### Lake Garda Meeting Optimist Class

Riva del Garda, 2 – 5 April  
[fragliavelariva.it](http://fragliavelariva.it)

#### 18 Foot Skiff World Championship

Torbole, 29 May – 3 June  
[circoloveletorbole.com](http://circoloveletorbole.com)

#### O.M. Ledro International Match Race GR2

Valle di Ledro, 2 – 7 July  
[avll.it](http://avll.it)

#### Laser SB20 World Championship 2015

Torbole, 4 – 10 July  
[circoloveletorbole.com](http://circoloveletorbole.com)

#### European Optimist Team Race Championship

Valle di Ledro, 25 – 30 August  
[avll.it](http://avll.it)

### CLIMBING

#### Rock Master Festival and IFSC Youth World Championships

Arco, 28 August - 6 September  
[rockmasterfestival.com](http://rockmasterfestival.com)

### MOUNTAINBIKING

#### BIKE Festival Garda Trentino

Riva del Garda, 1 – 3 May  
[bike-festival.de](http://bike-festival.de)

#### 7<sup>th</sup> Trentino MTB Tour

Trentino  
May – October  
[trentinomtb.com](http://trentinomtb.com)

#### Sellaronda Hero

Dolomiten, 27 June  
[sellarondahero.com](http://sellarondahero.com)

#### HERO Gravity Race Italian Championship MTB Enduro

Canazei, 28 June  
[sellarondahero.com](http://sellarondahero.com)

#### Primiero Ex3me

San Martino di Castrozza, 5 July  
[primieroex3me.com](http://primieroex3me.com)

#### Craft Bike Transalp

Ruhpolding – Riva del Garda,  
19 – 25 July  
[bike-transalp.de](http://bike-transalp.de)

#### MTB World Cup

Commezzadura, 21 – 23 August  
[valdisoleworldcup.com](http://valdisoleworldcup.com)

#### European Enduro Series

Molveno, 5 – 6 September  
[dolomitipaganellabike.com](http://dolomitipaganellabike.com)

#### Val di Fassa Bike Volvo Cup UCI MTB Marathon World Series

Moena, 12-13 September  
[valdifassabike.it](http://valdifassabike.it)

### ROADBIKING

#### 39<sup>th</sup> Giro del Trentino Melinda

Trentino, 21 – 24 April  
[girodel Trentino.com](http://girodel Trentino.com)

#### 98<sup>th</sup> Giro d'Italia

15<sup>th</sup> Stage Marostica:  
Madonna di Campiglio  
16<sup>th</sup> Stage Pinzolo: Aprica  
24 – 26 May  
[www.gazzetta.it/Giroditalia/2015](http://www.gazzetta.it/Giroditalia/2015)

#### Marcialonga Cycling

Val di Fiemme and Val di Fassa  
Start and Finish: Predazzo, 14 June  
[marcialonga.it](http://marcialonga.it)

#### Schwalbe Tour Transalp

Sonthofen – Arco  
28 June – 4 July  
[Tour-transalp.de](http://Tour-transalp.de)

#### La Leggendaria Charly Gaul

Trento, Monte Bondone,  
Valle dei Laghi, 17 – 19 July  
[laleggendariacharlygaul.it](http://laleggendariacharlygaul.it)

### OUTDOOR

#### Motocross World Championship

Pietramurata, 18 – 19 April  
[Motoclubarco.it](http://Motoclubarco.it)

#### SportScheck Trail Running Camp

Levico Terme, 21 – 24 May  
[sportscheck.com/event](http://sportscheck.com/event)

#### Color Run

Trento, 6 June  
[thecolorrun.it](http://thecolorrun.it)

#### SportScheck Outdoor Festival

Molveno, 2 – 5 July  
[sportscheck.com/event](http://sportscheck.com/event)

#### Dolomites Sky Race

Val di Fassa, 17 – 19 July  
[dolomiteskyrace.com](http://dolomiteskyrace.com)

#### Marcialonga Running

Val di Fiemme and Val di Fassa  
6 September  
[marcialonga.it](http://marcialonga.it)

#### SportScheck Bike Camp

Val di Fassa, 10 – 13 September  
[sportscheck.com/event](http://sportscheck.com/event)

#### Fisherman's Friend StrongmanRun

Rovereto  
19 September  
[strongmanrun.it](http://strongmanrun.it)

#### FIS Rollerski World Cup

Ziano di Fiemme  
24 – 27 September  
[fiemmeworldcup.com](http://fiemmeworldcup.com)

#### Palio della Quercia

Rovereto  
8 September  
[usquercia.it/palio](http://usquercia.it/palio)

#### Sellaronda Trail Running

Canazei, 12 September  
[sellarondatrailrunning.com](http://sellarondatrailrunning.com)

#### 9<sup>th</sup> International Lake Garda Marathon

Garda Trentino, 18 October  
[lakegardamarathon.com](http://lakegardamarathon.com)

#### 14<sup>th</sup> Garda Trentino Half Marathon

Riva del Garda  
8 November  
[trentinoeventi.it](http://trentinoeventi.it)







## Need more information?

### We have a range of digital services to help

[www.visittrentino.it](http://www.visittrentino.it) is the place to start. It's our comprehensive guide to holidays in Trentino, whether you're hiking, biking or spoiling yourself in a spa. What's more, the site is integrated with a range of digital services, which provide a fantastic level of support while you're on the move.

For starters, the **Outdoor in Trentino** channel on

[visittrentino.it](http://visittrentino.it) details hundreds of cycling, mountain-biking and hiking itineraries. You can plan every outing in detail, with maps, photogalleries, and information on distances and altitude - as well as GPX tracks to download for your GPS.

Meanwhile, the **Visittrentino Tourist Guide** app – for iPhone, iPad and Android - will tell you what's on in your chosen tourist resort. iPhone users can also use the augmented reality app **Around Trentino**, which uses their phone's camera to highlight points of interest wherever they are in the region.

There's also the brand new **Trentino Grande Guerra** for those hiking the battlefield trails of the Great War, offering route information, historical insight and news of upcoming events.

Finally, don't forget to check out our films on the Trentino **Youtube** channel.





## Looking for some local flavour?

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### Then join the “Albe in Malga” festival

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This summer, Trentino is launching a foodie festival with a difference. Every Friday and Saturday, from **July 4 – September 12** you'll be able to visit one of our mountain dairies to help gather the cows at sunrise, and lend a hand with the milking. In some cases, you'll be able to stay overnight in the dairy itself, or else walk up to it in the morning just before dawn breaks. Either way, you'll get a taste of a life that's been lived in Trentino for thousands of years; as well as tucking into

a hearty breakfast of **home-made jams** and the dairy's own **butter and cheese**.

Bookings should be made at local tourist offices, and please bear in mind that places are limited.

[visittrentino.it/albeinmalga](https://visittrentino.it/albeinmalga)

#### Photos:

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